

Program Catalogue

College Name	College Abbreviation
Physical Education and Sport Sciences	PESS
Department Name (in English)	Department Abbreviation
non	non
Department Name (in Kurdish)	
پهروهردا جهستهپى و زانستين وهرزشى	
Department Name (in Arabic)	
التربية البدنية و علوم الرياضة	
1. Qualification awarded	
Bachelor of Science in Physical Education and Sport Sciences	
2. Length of program	
4 Years	
3. Number of credits	
240 ECTS credits	
4. Level of qualification according to the National Qualification Framework and the European Qualifications Framework	
First cycle, Bachelor's degree	
5. Field(s) of study (e.g. ISCED-F)	
1014	
6. Specific admission requirements (if applicable)	
➤ Personal Interview ➤ Medical Examinations ➤ Skill Tests ➤ Physical Tests	
7. Specific arrangements for recognition of prior learning (formal, non-formal and informal) (if applicable)	
The program may recognize formal credits earned in formal context if these credits are relevant to the program and confirmed by the Transcript of Records.	
8. Qualification requirements and regulations, including graduation requirements	
Students should successfully complete all the core courses and collect 240 ECTS credits	
9. Profile of the program	
The College of Physical Education and Sport Sciences has philosophical visions to deepen the modern belief about a career in Physical Education amongst societal sectors and spread its rightful concepts for practicing them. It also aims to develop a plan to change the physical, emotional, social, and practical means of attaining the best physical fitness. The College concentrates on dealing with science related to the physical field and activates the academic and educational connection through technology and communication	

10. Program Educational Objectives

The Program Educational Objectives (POEs) of the Physical Education and Sport Sciences (PESS) are to prepare graduates who will:

1. Qualifying students in the fields of physical education and sports science with the best resources, to meet the needs and requirements of the public and private labor market in various sports disciplines.
2. Creating an appropriate environment for the success of research activities in various sports education sciences, in accordance with international standards, to enhance the educational and training process in sports institutions in Iraq.
3. Spreading a culture of sports awareness and working to make sports an important means of social rapprochement among the people.
4. Striving to exchange scientific expertise and develop knowledge through scientific activities and exchange of expertise with scientific, educational, and sports institutions, with the goal of achieving sustainable human development.
5. Exhibit strong leadership, communication and teamwork skills, enabling them to work effectively within multidisciplinary teams.
6. Preparing sports coaches for team and individual games and all sports activities.
7. Organizing and supervising sports, arts, and recreational festivals inside and outside the college.
8. Establishing cultural, scientific, and sports exchanges with Iraqi, Arab, and international universities to develop teaching, professional, and student cadres in the field of physical education.

11. Program learning outcomes

After successfully completing this program, students should have:

1. an ability to manage sports teams and work in clubs, sports academies, sport halls (Gym) and swimming pools.
2. an ability to acquire and apply new knowledge as needed, using appropriate learning strategies.
3. an ability to gain experience in the field of physical therapy and work as an assistant staff with medical therapists.
4. an ability to work in the field of sports analysis
5. an ability to work in the field of sports media
6. an ability to work as a physical education teacher in public and private schools
7. an ability to communicate effectively with a range of audiences.
8. an ability to function effectively on a team whose members together provide leadership, create a collaborative environment, establish goals, plan tasks, and meet objectives.

12. Program structure diagram with credits

College of Physical Education and Sport Sciences				COL	Version No.: 1		
Department of				DEPT	Version Date: 5/5/2025		
Semester 1	Semester 2	Semester 3	Semester 4	Semester 5	Semester 6	Semester 7	Semester 8
Academic Debates 4 ECTS PE55 B111C	Scouting 6 ECTS PE55 B124H	Sport Medicine 4 ECTS PE55 B217C	Biomechanics 4 ECTS PE55 B021C	Sport Psychology 4 ECTS PE55 B311C	Measurements and Evaluation 4 ECTS PE55 B321C	Training Science 4 ECTS PE55 B411C	Terms 8 ECTS PE55 B423H
Computer Skills 4 ECTS PE55 B113C	Track and Field 6 ECTS PE55 B126H	Motor Learning 4 ECTS PE55 B211C	Sport Physiology 4 ECTS PE55 B022C	Statistics 4 ECTS PE55 B312C	Methods of Teaching II 4 ECTS PE55 B322C	Scientific Research 6 ECTS PE55 B413C	Graduation Project 12 ECTS PE55 B422C
Gymnastic 4 ECTS PE55 B112C	English Language II 4 ECTS PE55 B122C	Methods of Teaching I 6 ECTS PE55 B214H	Football (Rules) 6 ECTS PE55 B025H	Basketball (Rules) 6 ECTS PE55 B313H	Basketball (Tactic) 6 ECTS PE55 B324H	Administration and Organization 4 ECTS PE55 B412C	Internship 12 ECTS PE55 B421H
English Language I 6 ECTS PE55 B116H	Swimming 6 ECTS PE55 B125H	Basketball (Skills) 6 ECTS PE55 B215H	Handball (Skills) 6 ECTS PE55 B024H	Handball (Rules) 6 ECTS PE55 B314H	Handball (Tactic) 6 ECTS PE55 B323H	Football (Tactic) 6 ECTS PE55 B414H	
Fitness 6 ECTS PE55 B114H	Kardology and Genocide 4 ECTS PE55 B121C	Table Tennis 4 ECTS PE55 B213H	Track and Field III 6 ECTS PE55 B026H	Volleyball (Skills) 6 ECTS PE55 B315H	Volleyball (Rules) 6 ECTS PE55 B325H	Volleyball (Tactic) 6 ECTS PE55 B415H	
Football (Skills) 6 ECTS PE55 B115H	Anatomy 4 ECTS PE55 B123C	Track and Field I 6 ECTS PE55 B216H	Fencing 4 ECTS PE55 B023C	Elective 0 ECTS	Elective 0 ECTS	Elective 0 ECTS	
Fail Electives	Physiotherapy 4 ECTS PE55 B316C	Sport Nutrition 4 ECTS PE55 B317C	Badminton 4 ECTS PE55 B417H	Combat 4 ECTS PE55 B418H	Gymnastic Rhythms 4 ECTS PE55 B419H		
Spring Electives	Futsal 4 ECTS PE55 B326H	Sport Hall 4 ECTS PE55 B327H	Fencing 4 ECTS PE55 B023C				

13. Mode of Study

Full time

14. Examination regulations and grading scale

The following grading scale is used:

% Points	Grade
90 – 100	Excellent
80 - < 90	Very Good
70 - < 80	Good
60 - < 70	Medium
50 - < 60	Pass
0 - < 50	Fail

15. Mobility window (if applicable)

Non

16. Work placement(s)/internships (if applicable)

The program includes a 12 ECTS internship opportunity in semester 8

17. Work-based learning (if applicable)

non

18. Program director or equivalent			
Dilshad Abdulameer Kamil Aldoski		dilshad.aldoski@uod.ac	
19. Occupational profiles of graduates			
The graduated student has many fields to work in for example he can work as a physical education teacher a coach in sport team a referee in any sport federation a coach in sport hall (Gym) a coach in swimming pools a journalist a coordinator in sport federations managing the tournaments an assistant with physiotherapist giving			
20. Access to further studies			
Graduates can apply for admission to higher diploma and 2 nd cycle (Master) studies in related disciplines.			
21. Academic Staff			
Sport Sciences Department			
Full Name	Qualification	Academic title	Email
Parween Saadi Abdulaziz	PhD	Prof.	parween.saadi@uod.ac
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Sport Games Department			
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		Prof.	
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22. Facilities and Resources (Lecture halls, Labs, etc.)

Type	Quantity	Capacity (students)	Type of use	Equipment included
Lecture Hall 1	1	30	Dedicated	Projector, whiteboard
Lecture Hall 2	1	25	Dedicated	Projector, whiteboard
Lecture Hall 3	1	35	Dedicated	Projector, whiteboard
Lecture Hall 4	1	25	Dedicated	Projector, whiteboard
Lecture Hall 5	1	25	Dedicated	Projector, whiteboard
Lecture Hall 6	1	30	Dedicated	Projector, whiteboard

Lecture Hall 7	1	35	Dedicated	Projector, whiteboard
Lecture Hall 8	1	35	Dedicated	Projector, whiteboard
Computer Lab 1	1	30	Dedicated	21 Desktop computers, projector, whiteboard, internet
Sport Hall 1	1	1000	Dedicated	
Sport Hall 2	1	600	Dedicated	
Gymnastic Hall 1	1		Dedicated	Gymnastic tools (girls)
Gymnastic Hall 2	1		Dedicated	Gymnastic tools (Boys)
Swimming pool	1		Dedicated	
Football Stadium	1	1500	Dedicated	

The department uses these facilities:

23. Accreditation and recognition

The program is officially recognized by the Ministry of Higher Education and Scientific Research of the Kurdistan Region – Iraq, as well as by the Ministry of Higher Education and Scientific Research of Iraq.